Supported preparation: Rehearsal and performance reflection

International Baccalaureate · IB Diploma · Dance · SL

Scope and prerequisites

IB dance first assessment 2014; 2029 creative-process course tracked separately. Study dance traditions through embodied practice and research with safe supervision. Current composition, investigation and performance differ from 2029 investigating/experimenting/presenting and the new HL project.

Mapped preparation outcomes: ib_dance_sl.3.1, ib_dance_sl.3.2. Read the matching native lesson first. Actual approved choices, evidence and final learner work remain separate.

Source vocabulary

rehearsal ; **expressive intention** .

Explanation and worked method

Set a visible improvement target, practise safely and compare the transition within the whole phrase. Reflection joins intention, specific evidence, revision and result; general praise gives little guidance.

Original source / task evidence

Task: fictional feedback says, “The weight transfer before the turn interrupts the intended flow.” Plan a response and explain the evidence still required.

Separate what is stated from the interpretation.
Rehearsal and performance reflection

Task: fictional feedback says, “The weight transfer before the turn interrupts the intended flow.” Plan a response and explain the evidence still required.

Identify the transition, explore a safe timing/weight adjustment with the teacher, then compare recorded actual trials with consent. Check continuity and whether the expressive intention remains.

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Independent transfer

A smoother transition weakens the intended hesitation. How should the performer respond?

Attempt independently before reading the model.

Checked original model

Separate technical continuity from expressive intention. Compare approved versions, retain a deliberate pause or another safe articulation where justified, and evaluate actual feedback. Improvement is judged against the intention, not smoothness as a universal criterion.

These are authored formative expectations, not official IB descriptors. Accept other justified arguments with evidence and material limits.

Source and task holds

This supplement teaches the method for this part of the course. The full assessment criteria and any texts your school chooses come from your teacher.

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