

# 3.1 Rehearsal and performance reflection: supported rehearsal

Name: \_\_\_\_\_ Class: \_\_\_\_\_ Date: \_\_\_\_\_ Total: 6 marks

## Objective

Supported preparation: Develop safe technical and expressive control; Evaluate a real performance through intention and recorded evidence. This is original rehearsal, not completion of the assessed task.

## 1 Key knowledge and worked examples

Set a visible improvement target, practise safely and compare the transition within the whole phrase. Reflection joins intention, specific evidence, revision and result; general praise gives little guidance.

### Original source / task evidence

Task: fictional feedback says, “The weight transfer before the turn interrupts the intended flow.” Plan a response and explain the evidence still required.

Separate what is stated from the interpretation.  
Rehearsal and performance reflection

Task: fictional feedback says, “The weight transfer before the turn interrupts the intended flow.” Plan a response and explain the evidence still required.

Identify the transition, explore a safe timing/weight adjustment with the teacher, then compare recorded actual trials with consent. Check continuity and whether the expressive intention remains.

## 2 Practice

2.1 For the worked case, identify the evidence and a conclusion it can support. Explain one material limit. [3]

## 3 Exam-style questions

3.1 A smoother transition weakens the intended hesitation. How should the performer respond? Give a reasoned answer, evidence or method, and a relevant qualification. [3]