

A starting allocation over 30 teaching weeks, weighted by how much syllabus content each topic carries — adjust to your own calendar. The last column lists the Library material that already covers the topic. 这是按内容容量分配的起始教学计划, 可按实际校历调整; 最后一栏列出资料库中已有的配套材料。

Weeks	Topic	Subtopics	Library material
1–5	1. Biological Bases of Behavior 行为的生物学基础	1.1, 1.2, 1.3, 1.4, 1.5, 1.6	Handout · 6 Learn lessons · Slide deck · Vocabulary list · 6 exercise sheets · 2 past-paper sheets · Unit test
6–12	2. Cognition 认知	2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7, 2.8	Handout · 8 Learn lessons · Slide deck · Vocabulary list · 8 exercise sheets · 5 past-paper sheets · Unit test
13–19	3. Development and Learning 发展与学习	3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7, 3.8, 3.9	Handout · 9 Learn lessons · Slide deck · Vocabulary list · 9 exercise sheets · 6 past-paper sheets · Unit test
20–25	4. Social Psychology and Personality 社会心理学与人格	4.1, 4.2, 4.3, 4.4, 4.5, 4.6, 4.7	Handout · 7 Learn lessons · Slide deck · Vocabulary list · 7 exercise sheets · 6 past-paper sheets · Unit test
26–30	5. Mental and Physical Health 心理健康与身体健康	5.1, 5.2, 5.3, 5.4, 5.5	Handout · 5 Learn lessons · Slide deck · Vocabulary list · 5 exercise sheets · 1 past-paper sheet