

Exercise walk-through

Endothermic and Exothermic Processes ■ 6.1

eXercise

You must be able to

- classify a process as **exothermic** 放热 ($\Delta H < 0$) or **endothermic** 吸热 ($\Delta H > 0$)
- link the sign of ΔH to heat released or absorbed
- relate bond breaking/forming to energy

Method — Exo vs endo

- **Exothermic** — releases heat to the surroundings; $\Delta H < 0$; surroundings warm up.
- **Endothermic** — absorbs heat from the surroundings; $\Delta H > 0$; surroundings cool down.

Method — Bonds and energy

Breaking bonds **absorbs** energy; **forming** bonds **releases** energy. If more energy is released (forming) than absorbed (breaking), the reaction is exothermic.

Method — A worked judgement

Combustion feels hot $\rightarrow$ releases heat $\rightarrow$ **exothermic**, $\Delta H < 0$. A cold pack that gets cold when mixed $\rightarrow$ absorbs heat $\rightarrow$ **endothermic**, $\Delta H > 0$.

Method — Sign convention

ΔH is written from the system's view: negative when the system **loses** energy (exothermic), positive when it **gains** energy (endothermic).

Practice 2.1 ■ 1 mark

State the sign of ΔH for an exothermic reaction.

Solution 2.1

Method: Sign convention

Worked steps

Negative ($\Delta H < 0$) **B1**.

Practice 2.2 ■ 1 mark

A reaction makes the beaker feel cold. Classify it.

Solution 2.2

Worked steps

Endothermic **B1**.

Practice 2.3 ■ 1 mark

Does breaking a bond absorb or release energy?

Solution 2.3

Method: Bonds and energy

Worked steps

Absorbs energy **B1**.

Exam-style 3.1 ■ 1 mark

An endothermic reaction has

A $\Delta H < 0$ and releases heat

B $\Delta H > 0$ and absorbs heat

C $\Delta H = 0$

D no energy change

Solution 3.1

A $\Delta H < 0$ and releases heat

B $\Delta H > 0$ and absorbs heat



C $\Delta H = 0$

D no energy change

Worked steps

B — $\Delta H > 0$ and absorbs heat.

Exam-style 3.2 ■ 2 marks

When ammonium nitrate dissolves in water, the solution gets colder.

- (a) Classify the process and give the sign of ΔH .
- (b) State the direction of heat flow (system → surroundings).

Solution 3.2

Worked steps

(a) Endothermic; $\Delta H > 0$ **M1** **A1**. (b) Heat flows from the surroundings into the system **B1**.

Exam-style 3.3 ■ 2 marks

Explain, in terms of bond breaking and forming, why combustion is exothermic.

Solution 3.3

Method: Bonds and energy

Worked steps

Combustion forms strong bonds in CO_2 and H_2O , releasing more energy than is absorbed breaking the fuel and O_2 bonds, so the net ΔH is negative **M1** **A1**.